

Finding your own way, via sustainable study choice coaching

Many young students are lost ...

Which study choice should I make?

Towards what does it lead me on the employment market?

What are my essential qualities, interests, passions, talents and values?

How do I link these with my future profession?

Or: What is my mission? How can I link happiness and work in a balanced way?

The Institute for Sustainable Working wants to help you

Via an innovative offer for students, teachers, study choice coaches and school managers:

- Awareness sessions
- Study choice guidance in group
- Individual coaching
- Training to become a sustainable study choice coach
- Advice for schools

Out of an unique approach:

- Starting from the individual we focus on the essential qualities, talents, passions and values to arrive as such at your mission.
- Based upon these insights we look for appropriate professional orientation/ choices. Which work and work contexts are fitting with my mission?
- Next to that we use “positive” methodologies to break through “unconscious” barriers (eg. fear for failing, uncertainty, etc..) that are blocking our happiness.
- We provide insights and techniques for “self steering” that enable and anchor happy, healthy and engaged working.

In a special place:

During the summer weeks we have scheduled resourcing weeks in Southern France (Tarn region), for students as well as for teachers/ study choice coaches. During these weeks, we link the useful with fun activities designed to discover in a small group our individual values, talents, passions and mission. This is a unique experience in one of the most beautiful parts of France under guidance of a professional team.

Number of place are limited so register fast!

Coordinator, Coach and trainer:

Lut Van Mossevelde is author of the book “Sustainable Working” and expert in sustainable employment with more than 25 years of experience in international business environments. She developed a unique approach to connect students with their core (essential qualities, passions, talents, values, mission, vision) in order to make sustainable study choices. She also teaches ‘Sustainable HRM’ at the University College in Ghent.

For more info :

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